COMING EVENTS

Friday 1st August
Assembly at 2.15pm

Wednesday 6th & Thursday 7th August
Life Education

Tuesday 12th August
UNSW Maths

Monday 18th August
Dental Clinic

Thursday 21st August
Mulwaree High School Workshops

Friday 22nd August
War Memorial Forecourt Opening

Sunday 31st August
P & C Bunnings BBQ Fundraiser
   (helpers required please)

Friday 5th September
Camp Quality Fun Day

Tuesday 9th September
SPACExpo – Yrs 3 to 6

Friday 19th September
Last day of Term 3

Term 4

Tuesday 7th October
Students & staff return for Term 4

Monday 10th November
School Swimming Scheme (2 weeks)

Mon 10th – Thur 13th November
Stage 3 Camp

Congratulations to Kindergarten and the GCOPS Choir for their confident performance on Monday in Centro. They weren’t daunted by the large audience, representing our school with pride. Well done!

By the time you read this newsletter, K-2 and the GCOPS Choir will have completed their final rehearsal at the Workers Club prior to the show tonight, starting at 7.30pm. I would like to thank the teachers and students for their hard work in preparing for these concerts. It is truly a wonderful opportunity for so many of our students to perform in front of such a large audience and I know you will enjoy the show!!

Our P&C is looking for volunteers to help run the Bunnings BBQ on Sunday, 31st August. We are very lucky to have such an active P&C at Goulburn East who work hard to support the students and staff at our lovely school. If you are able to help with the BBQ, even for a short period of time, just leave your name at the office and we will pass it onto the organisers.

Some of you may be aware that we have been having trouble with our phones this term. We are currently having the school phone line diverted to a mobile whilst we are working with various agencies to identify the fault and resolve the issue as quickly as possible.

Have a great Public Education Week!

Charmian Cribb
Principal

P & C

If you available to help with P & C fundraising, or have any P & C related questions please contact Darren Harding, P & C President, on 0405 327 814.

HEADLICE

Headlice continues to be an ongoing problem in preschools and schools. Please check your child’s hair and undertake appropriate treatment if any lice or nits are found. Please remember that retreatment six to seven days later will be necessary in order to eliminate any nymphs that have hatched out since the initial treatment.

It cannot be stressed enough the importance of regularly checking your child’s hair. By checking your child’s hair at least once or twice a week you can deal with any infestation before it becomes overwhelming. The opportunity for headlice to be transferred from head to head is greatly reduced if medium to long hair is tied back or plaited – this simple measure could potentially save you time, money and frustration - definitely worth the extra effort! Please see the article ‘Treating Headlice at Home’ in this newsletter.
ENROLMENTS FOR KINDERGARTEN 2015

Kindergarten enrolments are now being taken for children who will turn 5 years old before 31st July 2015 and live in the Goulburn East Zone. Enrolment forms are available from the Office.

To finalise your child’s enrolment you will need to bring along:

- A completed enrolment form
- Your child’s Birth Certificate
- Your child’s immunization certificate (available from Medicare)
- Proof of address eg electricity bill, rental agreement etc

Please bring along the original documents - these will be photocopied for inclusion in your child’s record card. Kindergarten orientation days will be held in Term 4. More information on the orientation days will be provided at a later date.

REMINDERS

- All students participating in the GCOPS Concert tonight must be at the Workers Club Auditorium by 7.15pm!
- Life Education notes and payment due back by this Friday, 1st August 2014 please.
- Dental Clinic notes will be sent home early next week. Please return these to school by Wednesday 13th August.
- Please remember to label all of your child’s clothes and possessions!

Winter Uniform

**Boys Uniform**
- School polo top
- Grey trousers
- Royal blue polar fleece jumper with school emblem
- Royal blue polar fleece jumper with school emblem

**Girls Uniform**
- School polo top
- Navy slacks or Royal blue school jacket
- Black shoes

**Sport**
- Royal blue polar fleece jumper with school emblem
- Red polo shirt with blue trim and school emblem reverse colour of the daily polo shirt.
  (The blue polo shirt with red trim may still be worn, but if purchasing a new top for sport please buy the red polo with blue trim).

**Hats**
- A GEPS hat must be worn during Terms 1 & 4.
- GEPS Beanies may be worn during Terms 2 & 3
- NO NON-SCHOOL HATS SHOULD BE WORN!
Treating headlice at home

1. Try sitting the child between your legs on a low stool and putting on a video for an hour while you work. Wrap a towel or kitchen paper around the child’s shoulders to catch conditioner spill.

2. Apply lots of conditioner to the scalp and massage it through all the hair. You will use a lot of conditioner. Every hair has to be coated to ensure it reaches the lice.

3. Lice live close to the scalp, so make sure that you cover the hair shaft close to the scalp and along the length of the hair. The idea of the application is to slow the movement of the head lice long enough for you to catch them with a comb.

4. After you’ve applied the conditioner, use a large comb to part small sections of the hair starting from the neck and working upwards toward the top of the head. Eggs are often found behind the ears and toward the back of the head. By using this method, you are more likely to find the head lice on top of and toward the front of the head.

5. When the hair is detangled and manageable, use a fine lice comb to comb out each section several times.

6. After each comb out, wipe the conditioner on the paper towel. If the child has head lice, you will see them on the towel.

7. Keep combing each section of hair until no further lice, nymphs or eggs appear on the paper towel. Often you will see lots of old egg casings that may take a while to remove.

8. **REPEAT THIS PROCEDURE SEVERAL TIMES OVER THE NEXT 10 DAYS TO REMOVE ALL NEWLY HATCHED LICE.**

9. **Check your child’s hair each week to prevent the problem becoming overwhelming.**

*Other things you should know*

Head lice often congregate on the crown of the head, so that it is not until you reach these last sections of hair that you find adult lice. However, heads that are severely infected will have adult lice everywhere. A good head lice comb should also remove nymphs, the stage between egg and adult louse - teenagers really. These can be difficult to identify with the naked eye, but appear as small insects on the paper towel.